## My Career Journey:

<table>
<thead>
<tr>
<th>Awareness: I notice, I realize, I observe</th>
<th>Goals (at that time)</th>
<th>What You Learned</th>
<th>Obstacles (that you overcame)</th>
<th>Successes</th>
<th>People</th>
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Acceptance: I embrace, I admit, I recognize, I agree

Action: I do, I behave, I fulfill, I accomplish, I work, I carry out

WHERE HAVE YOU COME FROM?
How have you become who you are?
What have been the main decisions, events and obstacles in your life, and who were your main influences?
What are five key words that strike you as important?

WHAT IS REALLY IMPORTANT TO YOU?
Write down the first three things that come into your head.
What are your values?
What do you believe in?
What principles are important to you?
When everything else fails, what remains?

WHICH PEOPLE ARE IMPORTANT TO YOU?
Whose opinions do you value and who influences your decisions?
Who is affected by your decisions?
Who are people you like?
Who do you fear?

WHAT IS HINDERING YOU?
What aspects of your life prevent you from thinking about the really important things?
Which deadlines do you have in your head, and what is hindering you?
What do you have to do, and when?

WHAT ARE YOU AFRAID OF?
List the things, circumstances or people that cause you worry and rob you of your strength.

MY GAME PLAN: A VISION OF THE FUTURE
Imagine where you will be when you’ve achieved your vision.
How will you feel, what you will be doing, who will be with you and what you will accomplish?

TEACH
Instruct
Practice

MASTER
Principal
Professional
Scholar
Captain
Control
Victor

LEARN
Hear
Discover
Find out
See
Watch
Ascertain
Determine
Check
Acquire
Read
Study
Memorize

DO
Perform
Arrange
Move
Go
Behave
Act
Manage
Serve
Answer
Practice
Exercise

Spiritual
Personal Development
Health
Romance

Family
Business/Career
Finances
Fun & Recreation
Social

Principal
Get the hang
Professional
Scholar
Captain
Control
Victor

Make
Cause
Execute
Grow
Expand